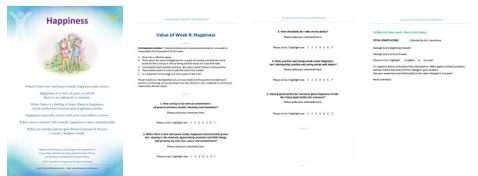










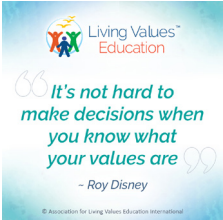
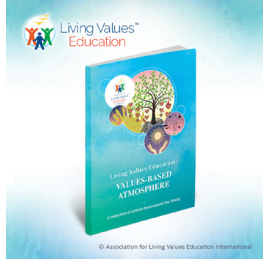

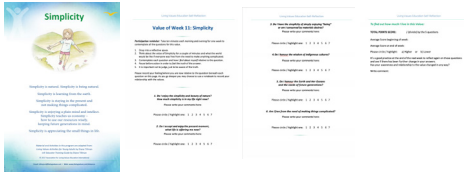
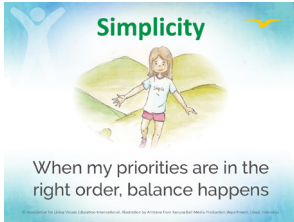


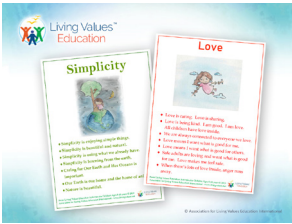



## LVE FACEBOOK SOCIAL MEDIA PLAN (x15 countries)

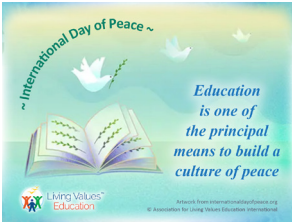


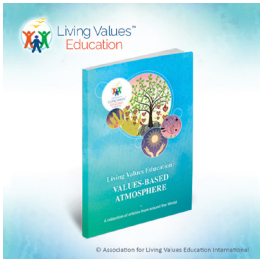
September 2024	Post Type	Copy	Content
Sunday 1 September	<b>Value #8 - Happiness</b> Interactive	<p>Your Value to Live in for this Week is HAPPINESS ☺ Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> <li>1. Drop into a reflective space.</li> <li>2. Think about the value of HAPPINESS for a couple of minutes and what the world would be like if everyone will use loving and kind words and enjoy their tasks.</li> <li>3. Contemplate each question and how I feel about myself relative to the question.</li> <li>4. Pause before action in order to feel the truth of the answer.</li> <li>5. It is important not to judge, just to be aware of the truth.</li> </ol> <p><a href="http://livingvalues.net/happiness">livingvalues.net/happiness</a></p>	
Monday 2 September	<b>Value #8 - Happiness</b> Self-reflection	<p>HAPPINESS... I ask you to consider: How strong is my state of contentment – of general wellness, health, harmony, and connection? Can I remain happy 24x7? If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit <a href="http://livingvalues.net/distance-self-reflection/">livingvalues.net/distance-self-reflection/</a> for more info.</p> <p>#happiness #LVE #LivingValuesEducation</p>	
Tuesday 3 September	<b>Webinar</b> Save the Date	<p>Join us on Wednesday 11th September for this months webinar 'Peace in the Classroom – Teaching Pupils to Self-regulate using Creatiity' with Speaker Marneta Viegas. If you would like to stay up-to-date with upcoming events, simply subscribe to our website at <a href="http://livingvalues.net">livingvalues.net</a> Can't wait? You can watch previous webinars on our You Tube Channel at: <a href="http://www.youtube.com/c/LivingValuesEducation">www.youtube.com/c/LivingValuesEducation</a></p> <p>#LivingValuesEducation #LVE #values #LVEwebinars</p>	
Wednesday 4 September	<b>VbA Online Course #1</b>	<p>It's your last chance to join our new Values-based Atmosphere online course - it starts 14th September. For those that can't make our September intake, we have new course dates that are open now for registration. Feel free to share with a friend.. Course #2: Thursday, 17th October 2024 (World Values Day 2024) Course #3: Saturday, 14th December 2024</p>	

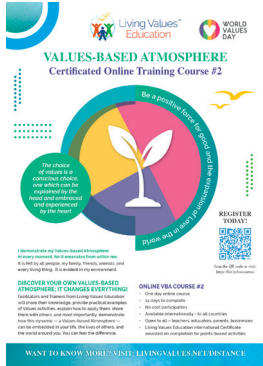


<p>Thursday 5 September</p>	<p><b>Poem</b></p>	<p>Congratulations Feliz Ruiz for your recognition by POEMarium for your Quote Poem 67:</p> <p>In striving for one's goals, achievements,          Don't be too proud, to get it all on our own,          For in every twists and turns of life,          Someone comes to aid us to thrive.</p> <p>Belief in own abilities is prime,          Forget not parents' guidance and support          Goals become sacred, divine.          Humility of heart is prime.</p> <p>In the noontime of life, a coach may come,          Or a benefactor to make dreams all done,          Be grateful for the wind beneath our wings,          Else we can't survive with lofty living.</p> <p>© Feliz Ruiz 24.08.2024</p>	
<p>Friday 6 September</p>	<p><b>Value #8 - Happiness</b> Reminder</p>	<p>Choose Happiness (<i>insert smiley face</i>)</p> <p>#happiness #LVE #LivingValuesEducation</p>	
<p>Saturday 7 September</p>	<p><b>Teaser</b></p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from <a href="http://livingvalues.net/distance-self-reflection/">livingvalues.net/distance-self-reflection/</a></p>	
<p>Sunday 8 September</p>	<p><b>Value #9 - Responsibility</b> Interactive</p>	<p>Your Value to Live in for this Week is RESPONSIBILITY.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> <li>1. Drop into a reflective space.</li> <li>2. Think about the value of RESPONSIBILITY for a couple of minutes and what the world would be like if everyone would take responsibility and contribute with that to their living space.</li> <li>3. Contemplate each question and how I feel about myself relative to the question.</li> <li>4. Pause before action in order to feel the truth of the answer.</li> <li>5. It is important not to judge, just to be aware of the truth.</li> </ol> <p><a href="http://livingvalues.net/responsibility">livingvalues.net/responsibility</a></p>	


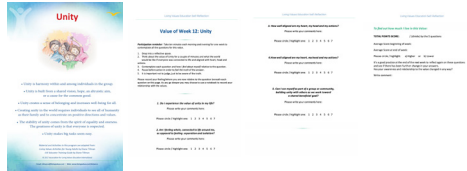


<p>Monday 9 September</p>	<p><b>Value #5 - Responsibility</b> Self-reflection</p>	<p>RESPONSIBILITY... Am I responsible for myself, my attitudes, my actions. Do you take responsibility for things you have done wrong? Or do you try to hide them? Perhaps you only take Responsibility for things when they go right?</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit <a href="https://livingvalues.net/distance-self-reflection/">livingvalues.net/distance-self-reflection/</a> for more info.</p> <p>#responsibility #love #values #LivingValuesEducation #LVE</p>	 <p>Own up to the positive and negative consequences of your choices and behavior</p>
<p>Tuesday 10 September</p>	<p><b>Did you know</b></p>	<p>Africa have just released their country report. It is available in both english and french. You can read the full report here: <a href="https://livingvalues.net/south-africa">https://livingvalues.net/south-africa</a></p> <p>Each of the 42 countries representing Living Values around the world has their own Country page on our website. Simply visit <a href="https://livingvalues.net/country-reports">livingvalues.net/country-reports</a> to look up and see what is happening in your country today!</p>	
<p>Wednesday 11 September</p>	<p><b>Webinar</b></p>	<p><b>JOIN OUR WEBINAR!</b> 📺</p> <p>'Peace in the Classroom – Teaching Pupils to Self-regulate using Creativity' with Speaker Marneta Viegas.</p> <p>Wednesday 11th September 2024 6pm - 7pm BST (UK timezone)</p> <p>Zoom Details: Meeting ID: 922 2863 5131 Password: serenity</p> <p>Organised by Living Values Education - British Isles. We welcome folk from other parts of the world to join our webinars. Need more info? Go to <a href="https://livingvalues.net/webinars">livingvalues.net/webinars</a> or email <a href="mailto:uk@livingvalues.net">uk@livingvalues.net</a>.</p>	
<p>Thursday 12 September</p>	<p><b>Quote</b></p>	<p>Many people over the years have felt strongly about Values, what they mean, represent and how they dictate the way we live our lives, and of course, through that impact the world we live in. Some are included here courtesy of <a href="https://www.goodreads.com/quotes">www.goodreads.com/quotes</a></p> <p>#LivingValuesEducation #LVE #values</p>	 <p>It's not hard to make decisions when you know what your values are</p> <p>– Roy Disney</p>

<p>Friday 13 September</p>	<p><b>VbA Course</b> Values-based Atmosphere Book</p>	<p>As part of the release of our new Living Values Education Values-based Atmosphere - Certificated Online Training Course we have published this beautiful book dedicated solely to LVE's approach to a Values-based Atmosphere.</p> <p>The book offers different perspectives from different teachers, trainers, practitioners and parents as they share their thoughts and experiences with LVE. It's a must read for everyone involved with education and also to all of us seeking to improve our own lives!</p> <p>Download your FREE copy at <a href="http://livingvalues.net/values-based-atmosphere">livingvalues.net/values-based-atmosphere</a></p> <p>#valuesbasedatmosphere #vbacourse #values #LVE #LivingValuesEducation</p>	
<p>Saturday 14 September</p>	<p><b>VbA Online Courses #1</b> Welcome</p>	<p>Welcome to all participants to our new Values-based Atmosphere course (<i>insert clapping hands</i>)... it starts today!</p> <p>For those that missed our September intake, we have new course starting dates that are open now for registration:</p> <p>Course #2: Thursday, 17th October 2024 (World Values Day 2024) Course #3: Saturday, 14th December 2024</p> <p>Feel free to share with a friend</p>	
<p>Sunday 15 September</p>	<p><b>Value #10 - Simplicity</b> Self-reflection worksheet</p>	<p>STARTING TODAY! Your Value to Live in for this Week is SIMPLICITY.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> <li>1. Drop into a reflective space.</li> <li>2. Think about the value of SIMPLICITY for a couple of minutes and what the world would be like if everyone was free from the need to make anything complicated.</li> <li>3. Contemplate each question and how I feel about myself relative to the question.</li> <li>4. Pause before action in order to feel the truth of the answer.</li> <li>5. It is important not to judge, just to be aware of the truth.</li> </ol> <p><a href="http://livingvalues.net/simplicity">livingvalues.net/simplicity</a></p>	
<p>Monday 16 September</p>	<p><b>Value #10 - Simplicity</b> <i>LVE is feeling comfortable</i></p>	<p>SIMPLICITY... Look at things you do that are complicated and think, "how can this be made simple?" Maybe it can't, but unless we look at it we may never know.</p> <p>Let's give 10-15 minutes for the mind... To make all aspects of life (career, relationships, health) very simple, easy and natural.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from <a href="http://www.livingvalues.net/distance-self-reflection/">www.livingvalues.net/distance-self-reflection/</a></p> <p>#simplicity #simplify #KeepItSimple #LivingValuesEducation #LVE #values</p>	

<p>Tuesday 17 September</p>	<p><b>Product</b> Values Posters</p>	<p>Living Values Education posters are Reflection Points for each value. They are offered to assist and remind students and others seeking values awareness the various qualities of each value. They can be printed as an A4 page and used as displayed in the classroom. Download your FREE copies at <a href="http://livingvalues.net/posters">livingvalues.net/posters</a> #LivingValuesEducation #LVE #values</p>	
<p>Wednesday 18 September</p>	<p><b>Product</b> LVE Study Groups</p>	<p>You could start a Living Values Study Group! Bring a small group together and share the fun of exploring values each week for a couple of hours with friends – and it's a perfect way to make new friends too. Build a Values-based Community Spirit – we'll show you how. All materials provided are FREE. Simply contact <a href="mailto:distance@livingvalues.net">distance@livingvalues.net</a></p>	
<p>Thursday 19 September</p>	<p><b>Product</b> Songs</p>	<p>A variety of songs are included in the LVE lessons for children aged 3 - 7 years. You can download the songs to hear the melody or to play them for the children. Children benefit in many ways from learning and singing the songs together – and doing so builds feelings of happiness and belonging. The song list includes: I Am a Peaceful Star Something Kind These Little Hands Each One of Us Is Beautiful True Blue Friend If Someone Says I Love You Happy Children Smile The Rainbow Song The Happy Stars Star Song Friends Make the World Go 'Round Let Us Clap Together Download your free mp3 song files at <a href="http://livingvalues.net/download">livingvalues.net/download</a></p>	
<p>Friday 20 September</p>	<p><b>Reminder Value #10 - Simplicity</b>  LVE Audio-Guided Meditations <i>LVE is feeling calm</i></p>	<p>How has your week been? Need some more simplicity in your life? Let us help....  Simply visit <a href="http://livingvalues.net/download#distance">livingvalues.net/download#distance</a> to get your FREE "Living Values Education Audio-Guided Meditations" (just scroll to the bottom of the page). This audio set includes: 1. Introduction - Are We Living Our Values 2. Peace Relaxation Exercise 3. Love Imagining Exercise 4. Humility Exercise 5. Happiness - Talking to Myself 6. Simplicity - Messages From the Media</p>	

<p>Saturday 21 September</p>	<p><b>Event</b> International Day of Peace</p>	<p>Today is the UN's International Day of Peace (<i>Insert dove emoji</i>) this year's theme is "Cultivating a Culture of Peace"</p> <p>"Wars begin in the minds of men so it is in the minds of men that the defences of peace must be constructed".</p> <p>The ideas of peace, the culture of peace, need to be cultivated in the minds of children and communities through formal and informal education, across countries and generations. It's time to lay down weapons and see each other's humanity. Choose negotiations over confrontation. Let's work together and not against each other.</p> <p>#peace #InternationalDayofPeace #PeaceDay #LivingValuesEducation #LVE #values</p>	
<p>Sunday 22 September</p>	<p><b>Value #11 - Freedom</b> Self-reflection worksheet</p>	<p>STARTING TODAY! Your Value to Live in for this Week is FREEDOM.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> <li>1. Drop into a reflective space.</li> <li>2. Think about the value of FREEDOM for a couple of minutes and what the world would be like if everyone would experience inner freedom and would have positive feelings for the self and others.</li> <li>3. Contemplate each question and how I feel about myself relative to the question.</li> <li>4. Pause before action in order to feel the truth of the answer.</li> <li>5. It is important not to judge, just to be aware of the truth.</li> </ol> <p><a href="http://livingvalues.net/freedom">livingvalues.net/freedom</a></p>	
<p>Monday 23 September</p>	<p><b>Value #11 - Freedom</b> Self-reflection <i>LVE is feeling free</i></p>	<p>FREEDOM resides within the mind and heart, without the essence of Freedom our heart will wither and die. You can explore the questions on the worksheet to discover the level of Freedom you are allowing in your life.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from <a href="http://www.livingvalues.net/distance-self-reflection/">www.livingvalues.net/distance-self-reflection/</a></p>	
<p>Tuesday 24 September</p>	<p><b>VbA Course</b> Values-based Atmosphere Book</p>	<p>As part of the release of our new Living Values Education Values-based Atmosphere - Certificated Online Training Course we have published this beautiful book dedicated solely to LVE's approach to a Values-based Atmosphere.</p> <p>The book offers different perspectives from different teachers, trainers, practitioners and parents as they share their thoughts and experiences with LVE. It's a must read for everyone involved with education and also to all of us seeking to improve our own lives!</p> <p>Download your FREE copy at <a href="http://livingvalues.net/values-based-atmosphere">livingvalues.net/values-based-atmosphere</a></p> <p>#valuesbasedatmosphere #vbacourse #values #LVE #LivingValuesEducation</p>	

<p>Wednesday 25 September</p>	<p><b>VbA Course Information</b></p>	<p>Living Values Education Values-based Atmosphere - Certificated Online Training Course</p> <p>Facilitators and Trainers from Living Values Education will share their knowledge, provide practical examples of Values activities, explain how to apply them, share them with others, and most importantly, demonstrate how this dynamic – a Values-based Atmosphere – can be embedded in your life, the lives of others, and the world around you. You can feel the difference.</p> <p>REGISTRATIONS ARE NOW OPEN!</p> <p>~ Starts Thursday, 17th October 2024 (World Values Day 2024)</p> <p>~ One day Online Course with 14 days to complete</p> <p>~ No cost participation</p> <p>~ Available internationally – to all countries</p> <p>~ Available to all – teachers, educators, parents, business people</p> <p>~ Living Values Education International Certificate awarded on completion of points-based activities</p> <p>~ It's fun to do the Course with a Friend!</p> <p>For more information, visit: <a href="https://livingvalues.net/values-based-atmosphere-courses">livingvalues.net/values-based-atmosphere-courses</a></p> <p>#valuesbasedatmosphere #vbacourse #values #LVE #LivingValuesEducation</p>	 <p>The poster features a central graphic of a plant growing from a globe, surrounded by text: 'Be a positive force for change in your world', 'The power of values is a powerful thing, and when you're surrounded by the right and important world environment, it's a force for the future!', 'Join with us this year for the most important course of the year!', and 'REGISTER TODAY!'. It also includes a QR code and a list of benefits.</p>
<p>Thursday 26 September</p>	<p><b>Product</b> LVE Study Groups</p>	<p>Thinking of starting a Living Values Study Group? We'll show you how to build a Values-based Community Spirit. Share the fun of exploring values each week with a small group of people. All materials provided are FREE. Simply contact <a href="mailto:distance@livingvalues.net">distance@livingvalues.net</a></p>	 <p>The poster shows a group of colorful human figures holding hands. Text reads: 'Community Study Groups provide the opportunity to get together, either online or face-to-face, to share thoughts with each other.' It includes the Living Values Education logo and copyright information.</p>
<p>Friday 27 September</p>	<p><b>Value #11 - Freedom</b> Reminder</p>	<p>How has your week been? Do you want the freedom to live a life of purpose, to select freely a lifestyle in which you and your children can grow healthily and can flourish through the work of their hands, head and hearts? Please visit <a href="https://livingvalues.net/freedom">livingvalues.net/freedom</a> for more info. #freedom #peace #values #LivingValuesEducation #LVE</p>	 <p>The poster features a colorful bird in flight. Text reads: 'Even birds have weight, but their desire to fly is more than the gravity.' It includes the Living Values Education logo and copyright information.</p>

Saturday 28 September	<b>Teaser</b>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Values are the essence of who we are as human beings. They powerfully impact what we create in our lives and the world. Living the values of peace, love, respect, honesty, kindness and compassion makes us happy — and creates a world of peace and respect for our children.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from <a href="http://livingvalues.net/distance-self-reflection/">livingvalues.net/distance-self-reflection/</a></p>	
Sunday 29 September	<b>Value #12 - Unity</b> Self-reflection worksheet	<p>Your Value to Live in for this Week is UNITY.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> <li>1. Drop into a reflective space.</li> <li>2. Think about the value of UNITY for a couple of minutes and what the world would be like if everyone was connected to life and aligned with heart, head and actions.</li> <li>3. Contemplate each question and how I feel about myself relative to the question.</li> <li>4. Pause before action in order to feel the truth of the answer.</li> <li>5. It is important not to judge, just to be aware of the truth.</li> </ol> <p><a href="http://livingvalues.net/unity">livingvalues.net/unity</a></p>	
Monday 30 September	<b>Value #12 - Unity</b> Self-reflection <i>LVE is feeling connected</i>	<p>UNITY... Ask yourself, how you can become more in Unified? Do you work together to achieve a common goal, or do you only do it 'your way'?</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit <a href="http://livingvalues.net/distance-self-reflection/">livingvalues.net/distance-self-reflection/</a> for more info.</p> <p>#unity #together #values #LVE #LivingValuesEducation</p>	
	<b>VbA Course</b> Registration	<p>REGISTRATIONS ARE OPEN! It's fun to do the Course with a Friend, and best of all... It's Free!</p> <p>Living Values Education Values-based Atmosphere - Certificated Online Training Course is open for Registrations! Discover your Values-based Atmosphere; it changes everything!</p> <p>Join us for the October program, learn about the Living Values Atmosphere and earn your certification to teach values based learning in education and organization settings.</p> <p>You can register at <a href="https://bit.ly/lvecourses">https://bit.ly/lvecourses</a> or for more information, visit: <a href="http://livingvalues.net/values-based-atmosphere-courses">livingvalues.net/values-based-atmosphere-courses</a></p> <p>#valuesbasedatmosphere #vbacourse #values #LVE #LivingValuesEducation</p>	
<b>END</b>			