

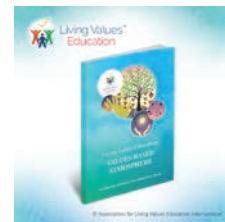








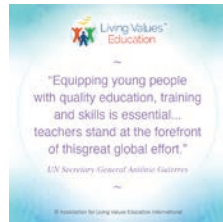



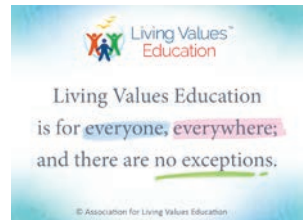




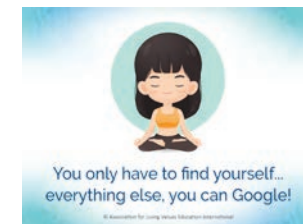

LVE FACEBOOK SOCIAL MEDIA PLAN (x15 countries)




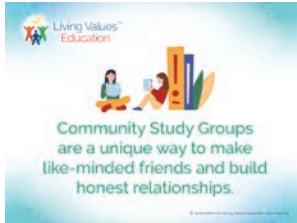
July 2024	Post Type	Copy	Content
Monday 1 July	Value #11 - Freedom Self-reflection	<p>FREEDOM is an ongoing process... How can we create and maintain it?</p> <p>You can explore the questions on the worksheet to discover the level of Freedom you are allowing in your life.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from www.livingvalues.net/distance-self-reflection/</p>	
Tuesday 2 July	Country Reports	<p>Brazil have just released their country report.</p> <p>They recently conducted an in-person and virtual Educator Training at the International Education Center in São Luís for 11 professors, teachers and coordinators.</p> <p>You can read the full report here: livingvalues.net/brazil</p> <p>Or follow there socials on Instagram: @vivendovalores</p> <p>Facebook: Vivendo Valores na Educação</p>	
Wednesday 3 July	Product Values-based Atmosphere Book	<p>Responses from the LVE community have allowed us to publish this beautiful book dedicated solely to LVE's approach to a Values-based Atmosphere. The book offers different perspectives from different teachers, trainers, practitioners and parents as they share their thoughts and experiences with LVE. It's a must read for everyone involved with education and also to all of us seeking to improve our own lives!</p> <p>Download your FREE copy at livingvalues.net/about-lve/</p>	
Thursday 4 July	Event International Day of Cooperatives	<p>This Saturday is the UN's International Day of Cooperatives - The aim of this day is to increase awareness on cooperatives and promote the values and principles that make the cooperative model suitable for advancing sustainable development.</p> <p>#InternationalDayofCooperatives #CoopsDay #LivingValuesEducation #LVE #values</p>	






Friday 5 July	Value #11 - Freedom Reminder	Consider this: Inner freedom is experienced when I have positive thoughts for all – including myself. #freedom #values #LivingValuesEducation #LVE	
Saturday 6 July	Teaser	OUR VALUE FOR THIS WEEK STARTS TOMORROW. Values are the essence of who we are as human beings. They powerfully impact what we create in our lives and the world. Living the values of peace, love, respect, honesty, kindness and compassion makes us happy — and creates a world of peace and respect for our children. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/	
Sunday 7 July	Value #12 - Unity Self-reflection worksheet	Your Value to Live in for this Week is UNITY. Living Values Self Reflection – So simple, so revealing... 1. Drop into a reflective space. 2. Think about the value of UNITY for a couple of minutes and what the world would be like if everyone was connected to life and aligned with heart, head and actions. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/unity	
Monday 8 July	Value #12 - Unity Self-reflection	UNITY is sustained by accepting and appreciating the value of participants and the unique contribution each can make. If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info. #unity #together #values #LivingValuesEducation #LVE	


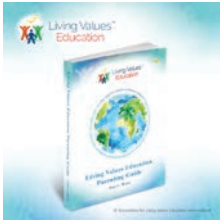
Tuesday 9 July	Interactive Quiz	<p>Why do I want Values? Take our 15 min quiz to find out how self-aware you are.</p> <p>This simple 15-minute “Living Values Awareness Quiz” to see the important role values play in all our lives. The ‘Wheel of Life’ can show you where and how your ride is through life, whether smooth or bumpy, and most importantly, highlights where corrections can be made.</p> <p>You can download your copy today at https://livingvalues.net/current-news/why-do-i-want-values-take-our-15-min-quiz</p>	
Wednesday 10 July	Product Music	<p>A variety of songs are included in the LVE lessons for children aged 3 - 7 years. You can download the songs to hear the melody or to play them for the children. Children benefit in many ways from learning and singing the songs together – and doing so builds feelings of happiness and belonging. The song list includes:</p> <p>I Am a Peaceful Star Something Kind These Little Hands Each One of Us Is Beautiful True Blue Friend If Someone Says I Love You Happy Children Smile The Rainbow Song The Happy Stars Star Song Friends Make the World Go ‘Round Let Us Clap Together</p> <p>Download your FREE mp3 song files at livingvalues.net/download</p>	
Thursday 11 July	Value #12 - Unity Reminder	<p>You don’t get unity by ignoring the questions that have to be faced. Problem solving skills are a critical part of daily life both as individuals and communities... Remember: Unity is strength.</p> <p>#unity #values #together #LivingValuesEducation #LVE</p>	

Friday 12 July	Event World Youth Skills Day	<p>Monday 15th July is the UN's World Youth Skills Day</p> <p>On this day, and every day, let's stand with teachers as they, in turn, help young people gain the education and skills required to shape a better, more sustainable future for us all. Equipping young people with quality education, training and skills is essential.</p> <p>#WorldYouthSkillsDay #values #teachers #LivingValuesEducation #LVE</p>	
Saturday 13 July	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Living the values of peace, love, respect, honesty, kindness and compassion makes us happy — and creates a world of peace and respect for our children. What young people learn is later woven into the fabric of society. When education has positive values at its heart, and the resulting expression of them as its aim, we will create a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/</p>	
Sunday 14 July	Value #1 - Peace <i>LVE is feeling peaceful</i>	<p>Your Value to Live in for this Week is PEACE ☺☺</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of PEACE for a couple of minutes and what the world would be like if everyone was caring and there were no wars, only peace. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/peace</p>	
Monday 15 July	Value #1 - Peace Self-reflection	<p>Peace consists of pure love, pure thoughts, pure feelings, and pure wishes. Think of someone who is an inspiring example of peace.... What makes them so special?</p> <p>#values #peace #LivingValuesEducation #LVE</p>	
Tuesday 16 July	Country Reports	<p>Discovering the truth of 'Who You Are'.</p> <p>Values are the essence of who we are as human beings. They powerfully impact what we create in our lives and the world. Living Values Education offer a 12 week personal introspection of your life, helping you to discover who you really are and how you engage with your values. Please visit livingvalues.net/distance-self-reflection/ for more info.</p>	

Wednesday 17 July	Product Resources	<p>Living Values Education has been in present in many countries over the years, with our Associates and Focal Points in those countries providing publications on Values activities and training resource materials in their own country. These are continuing to expand so keep an eye out on the website for more to come.</p> <p>You can download our Spanish and French material at livingvalues.net/resources-in-other-languages</p>	
Thursday 18 July	Social Media Instagram	<p>A reminder that Living Values Education is also on Instagram!</p> <p>You can follow us at:</p> <p>@living_values_education @karunabali.foundation @vivendovalores</p>	
Friday 19 July	Value #1 - Peace Reminder	<p>Take a moment, take a breath. Let's take a moment to pause, relax and focus on our wellbeing. Getting out into the great outdoors is a great way to find calm amongst the chaos. Countryside walks, breathing in fresh air and listening to the sound of wildlife are so rewarding for the mind. Do you have a favourite place to relax and reconnect?</p> <p>#values #peace #LivingValuesEducation #LVE</p>	
Saturday 20 July	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/</p>	

Sunday 21 July	Value #2 - Respect Interactive	<p>Your Value to Live in for this Week is RESPECT.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of RESPECT for a couple of minutes and what the world would be like if everyone demonstrated respect for the environment and honor the worth for all people. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/respect</p>	
Monday 22 July	Value #2 - Respect Self-reflection	<p>The first respect is to respect myself — to know I am naturally valuable. Respect for yourself is the seed that gives self confidence. How could you develop the value of respect in your life?</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#respect #LivingValuesEducation #LVE #values</p>	
Tuesday 23 July	Quote	<p>Great opportunities to help someone rarely come, but small ones surround us everyday. Don't need to wait for a significant moment to share kindness, do small things for others with great love and respect everyday.</p> <p>#kindness #LivingValuesEducation #LVE #values</p>	
Wednesday 24 July	Product LVE Study Groups	<p>You could start a Living Values Study Group! Bring a small group together and share the fun of exploring values each week for a couple of hours with friends – and it's a perfect way to make new friends too. Build a Values-based Community Spirit – we'll show you how. All materials provided are FREE. Simply contact distance@livingvalues.net</p>	

Thursday 25 July	Quote	Discovering the relationship with our values can become a life-changing experience. Want to find out more? Visit livingvalues.net/about-us/	
Friday 26 July	Value #2 - Respect Reminder	We don't need to share the same opinions as each other, but we do need to be respectful of each other. Consider the level of Respect in your life. If it needs attention, what will you do about it? #respect #LivingValuesEducation #LVE #values	
Saturday 27 July	Teaser	OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/	
Sunday 28 July	Value #3 - Love Interactive <i>LVE is feeling loved</i>	Your Value to Live in for this Week is LOVE 🌈 Living Values Self Reflection – So simple, so revealing... 1. Drop into a reflective space. 2. Think about the value of LOVE for a couple of minutes and what the world would be like if everyone cared about others and all actions were motivated by love. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/love	
Monday 29 July	Value #3 - Love Self-reflection	Something to consider whilst living the value of Love this week.... "Love is the most powerful healer. YOU. ARE. LOVE." 🌈 Join our 12 week personal introspection of your life with Living Values Self Reflection. Discover the truth of 'Who You Are'. Simply visit livingvalues.net/distance-self-reflection/ for more info. #love #values #LVE #LivingValuesEducation	

Tuesday 30 July	Event International Friendship Day 2024	<p>Comes together to celebrate the cherished bond of Friendship. Today serves as a reminder of the importance of friendship in promoting peace, understanding, and solidarity among individuals and communities worldwide.</p> <p>#InternationalFriendshipDay #friends #friendship #love #LVE #LivingValuesEducation</p>	
Wednesday 31 July	Product Parenting Guide	<p>Living Values Education is about treating people in such a way that they feel loved, valued, respected, understood and safe, to grow toward their potential. This is particularly so for the way we treat children it sets the environment for their whole lives. The LVE Parenting Guide shares suggestions and activities to help parents help children, from toddlers to teens, use values to handle their challenges as well as to deal with the concerns of bullying and social media.</p> <p>See here for more information: livingvalues.net/lve-parenting-guide/</p> <p>#LivingValuesEducation #LVE #values</p>	
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