










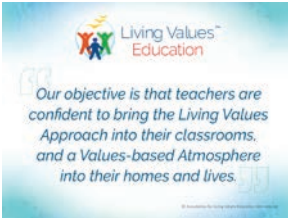
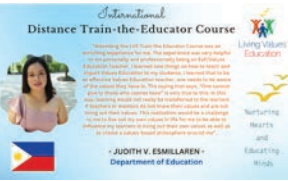

LVE FACEBOOK SOCIAL MEDIA PLAN (x15 countries)

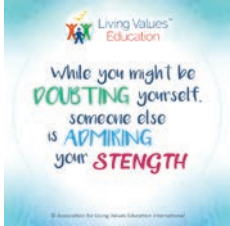






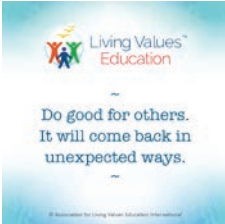



Date	Post Type	Copy	Content
NOVEMBER 2023			
Wednesday 1 November	Product Values-based Atmosphere Book	<p>Hey Teachers! Would you like to encourage Values in your school? Are you seeking to improve your own life? Then this is the book – dedicated solely to LVE’s approach to a Values-based Atmosphere – is a must read for you!</p> <p>** Download your free copy at: livingvalues.net/about-lve/</p> <p>It offers different perspectives from different teachers, trainers, practitioners and parents as they share their thoughts and experiences with LVE.</p>	
Thursday 2 November	Event Webinar - Save the Date	<p>Join us on Wednesday 8th November for this this months webinar with Speaker Roger Miles.</p> <p>If you would like to stay up-to-date with upcoming events, simply subscribe to our website at livingvalues.net</p> <p>Can’t wait? You can watch previous webinars by searching for LVEBI on vimeo.com.</p> <p>#LivingValuesEducation #LVE</p>	
Friday 3 November	Value #1 - Peace Reminder	<p>How has your week been? Ask yourself: When am I free from mind chatter?</p> <p>Remember: You don’t always need to be in control or have a plan. Sometimes you just need to breathe, trust, let go and see what happens. Please visit livingvalues.net/peace for more info.</p> <p>#peace #values #LivingValuesEducation #LVE</p>	
Saturday 4 November	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Values are the essence of who we are as human beings. They powerfully impact what we create in our lives and the world. Living the values of peace, love, respect, honesty, kindness and compassion makes us happy — and creates a world of peace and respect for our children. What young people learn is later woven into the fabric of society. When education has positive values at its heart, and the resulting expression of them as its aim, we will create a better world for all.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	



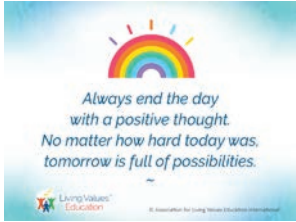
<p>Sunday 5 November</p>	<p>Value #2 - Respect Self-reflection worksheet</p>	<p>Your Value to Live in for this Week is RESPECT. Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of RESPECT for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/respect</p>	
<p>Monday 6 November</p>	<p>Value #2 - Respect Self-reflection <i>LVE is feeling curious</i></p>	<p>Consider this: Do I honour the worth of others? No matter what role we are currently playing, whether it be child, parent, business person, employee, teacher, government official, retiree, whatever age, gender, nationality, spiritual belief, we all have one thing in common; a human requirement to meet our basic needs – to be Safe, Respected, Understood, Loved, Valued.</p> <p>Want to find out more? Visit livingvalues.net/about-us/</p>	
<p>Tuesday 7 November</p>	<p>Promo You Tube Channel</p>	<p>📺 Titled “When You Feel Loved,” this song was brought forward from the reflections of Petrus Briyanto Adi, a musician and educator from Indonesia. He shares: “My song is inspired by the LVE premise that when we treat others in such a way that they feel loved, valued, respected, understood, and safe, they move toward their potential.”</p> <p>You can view Petrus’ song on our Living Values Education YouTube channel.</p> <p>https://www.youtube.com/c/LivingValuesEducation</p>	
<p>Wednesday 8 November</p>	<p>Event Webinar Info <i>LVE is feeling excited</i></p>	<p>JOIN US FOR TODAYS WEBINAR! 📺</p> <p>‘The LVE Approach for a world that sorely needs values’ with Speaker Roger Miles.</p> <p>Wednesday 8th November 2023 6pm - 7pm GMT (UK timezone)</p> <p>Zoom Details: Meeting ID: 922 2863 5131 Password: serenity</p> <p>See more details at: https://livingvalues.net/current-news/november-2023-webinar-the-lve-approach</p> <p>Organised by Living Values Education - British Isles. We welcome folk from other parts of the world to join our webinars. Need more info? Go to livingvalues.net/webinars or email uk@livingvalues.net.</p>	

<p>Thursday 9 November</p>	<p>Promo Facebook / website</p>	<p>Thank you!! Living Values Education would like to acknowledge how we truly appreciate the contribution you make to promote, develop and sustain LVE in your country. As part of the ALIVE family, our website is an invaluable way of supporting you in doing just that and helping LVE go from strength to strength around the world.</p> <p>Feel free to send out invitations to your family and friends to like 📱 and 📱 follow 📱 our facebook page.</p>	
<p>Friday 10 November</p>	<p>Value #2 - Respect Reminder</p>	<p>Consider this: How would your life be different if you stopped making negative judgemental assumptions about people you encounter? Let today be the day you look for the good in everyone you meet and respect their journey.</p> <p>Want to find out more? Visit livingvalues.net/about-us/</p>	
<p>Saturday 11 November</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>Values affect our lives every moment. They are a guiding force in all we do and pursue. When our values are in congruence with our actions, we are in harmony. But what are values? And how did we develop them?</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/</p>	
<p>Sunday 12 November</p>	<p>Value #3 - Love Self-reflection worksheet <i>LVE is feeling loved</i></p>	<p>Your Value to Live in for this Week is LOVE 📱📱</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of LOVE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/love</p>	

<p>Monday 13 November</p>	<p>Value #3 - Love Self-reflection</p>	<p>We can only learn to love by loving. LOVE is seeing the good in everyone, and wanting good things for them. Can you love more? #love #values #unconditionallove #LivingValuesEducation</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit: livingvalues.net/distance-self-reflection/ for more info.</p>	
<p>Tuesday 14 November</p>	<p>Training Centre</p>	<p>'Distance Comes of Age' with renewed dynamic in the form of the LVE International Training Center, a focus place for the new LVE Online programmes that are being offered through the participating country LVE Associates and Focal Points and now through Zoom online meetings.</p> <p>The first, and very successful, Distance 2-day Train-the-Educator (DTTEC) was held in July to 40 values teachers from schools in the Philippines in conjunction with the LVE Focal Point in that country with more Courses scheduled for the future.</p> <p>For information on the next event contact Philippines@livingvalues.net</p>	
<p>Wednesday 15 November</p>	<p>Testimonial</p>	<p>"What others say about their LVE Experience"</p> <p>In mid 2023, LVE Philippines hosted two Online Distance Train-the-Educator Courses for a total of 90 Values Teachers and members of the Dept of Education. The success of these first-ever LVE online group two-day workshops was expressed in the this sample evaluations received from one of the participants.</p> <p>For information on the next event contact Philippines@livingvalues.net</p>	
<p>Thursday 16 November</p>	<p>Event International Day for Tolerance</p>	<p>Today is International Day for Tolerance – a day to celebrates open-mindedness and listening.</p> <p>Consider this: When was the last time you had to learn something about someone else's culture? or consider something from someone else's perspective? We ask people of all backgrounds, cultures and ages, to understand tolerance regardless of differences.</p>	

Friday 17 November	Value #3 - Love Reminder	<p>Affirmation of the day: I LOVE MY SELF 📌</p> <p>Me, with all my shortcomings, flaws and imperfections, my gifts, my talents, my reserve, my enthusiasm, my kindness, my laziness, my passions, my insecurities, my sense of humour, my compassion, my doubts, what society would call my failures, my successes, what I deem to be my beauty and the lack thereof. I LOVE ME!!!</p> <p>#love #LivingValuesEducation #LVE #values</p>	
Saturday 18 November	Teaser	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW.</p> <p>This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	
Sunday 19 November	Value #4 - Tolerance Self-reflection worksheet	<p>Your Value to Live in for this Week is TOLERANCE.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of TOLERANCE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/tolerance</p>	
Monday 20 November	Value #4 - Tolerance Self-reflection	<p>TOLERANCE is respect, acceptance, and appreciation of the rich diversity of our world's cultures, forms of expression, and ways of being human. What is the level of tolerance in your life?</p> <p>If you would like to participate in this 12 week personal introspection of your life, jump in and join us with Living Values Self Reflections, there's a new value each week.</p> <p>Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#tolerance #LivingValuesEducation #LVE #values</p>	
Tuesday 21 November			

Wednesday 22 November	Quote	👉👉 A thought to consider... Share if you agree....	
Thursday 23 November	Product Focal Point	GET INVOLVED 🙋🙋 We encourage you to consider joining in Living Values Education activities in one of the 45 countries where there is an ALIVE Associate or Focal Point for Living Values Education. If you believe in the importance of values as the foundation of life and society and the special place that they should have in education and would like to take some time out for yourself, or volunteer some time or support for others, then please get in touch! Contact: communications@livingvalues.net	
Friday 24 November	Value #4 - Tolerance Reminder	A sample question to consider: 'Do I require certain conditions to support my tolerance?' Broad-minded and open thinking is a hallmark of tolerant behavior. The willingness to accept feelings, habits, or beliefs that are different from your own. Tolerance, is giving to every other Human Being, the same rights, you claim for yourself.	
Saturday 25 November	Teaser	OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/	
Sunday 26 November	Value #5 - Honesty Self-reflection worksheet	Your Value to Live in for this Week is HONESTY. Living Values Self Reflection – So simple, so revealing... <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of HONESTY for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/honesty	

<p>Monday 27 November</p>	<p>Value #5 - Honesty Self-reflection</p>	<p>Why can't we decide for ourselves what we want. It is not for others to decide for us. Instead of always listening to others, waiting for approvals and appreciation, why can't we listen to our own heart. Have been true to yourself? Have you been following your heart? To what extent you trust your own value? If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info. #honesty #truth #values #LivingValuesEducation #LVE</p>	
<p>Tuesday 28 November</p>	<p>Product LVE Guides</p>	<p>Fields of Opportunity exist in every aspect of humanity – with the homeless, street children, refugees, prison inmates, at risk youth, unseen village schools in so many countries. Getting Living Values materials in the hands of rural school teachers, orphanages, and parents with children in displaced persons camps, incarcerated rights activists and aid workers in natural disaster areas – often just a few booklets circulating, offering playful activities can bring light and joy into the world of pain and suffering. If this is something of interest to you, contact us at livingvalues.net/contact/</p>	
<p>Wednesday 29 November</p>	<p>Quote</p>	<p>Choice is the key word..... I choose to cherish, enjoy and love what I think, and what I believe. I choose to feel happy and appreciated. I choose to accept myself with all my heart. I choose to listen. I choose to love. Am I Right? #LivingValuesEducation #LVE #LVE #chooselife</p>	
<p>Thursday 30 November</p>	<p>Product LVE eBrochure</p>	<p>Start your self-growth journey, today! The Association for Living Values Education International Brochure gives an overview of ALIVE, its vision, aims, and how the Living Values Education Approach can be used in a wide variety of settings. There are also introductions to our development courses, workshops, online offerings and resource materials. Download ALIVE eBrochure at livingvalues.net/resources/ #values #development #ALIVE</p>	