






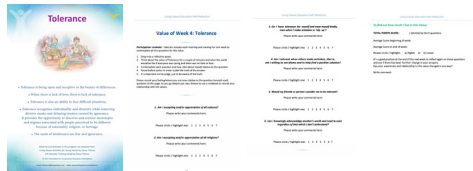






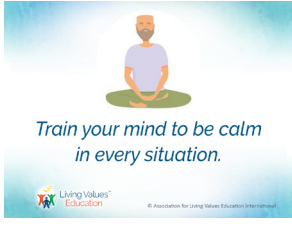

LVE FACEBOOK SOCIAL MEDIA PLAN (x14 countries)


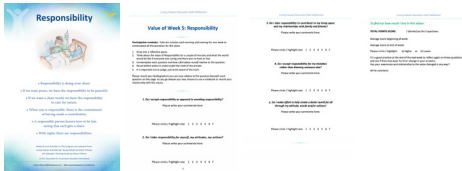






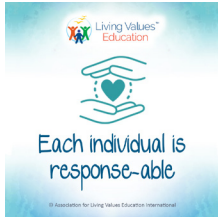


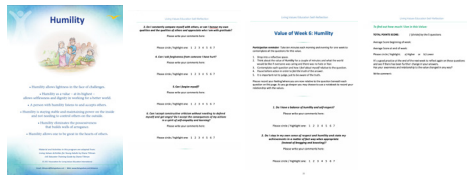
Date	Post Type	Copy	Content
MARCH 2023			
Wednesday 1st March	Event World Compliment Day	It's World Compliment Day! Spread happiness and positivity with words instead of gifts as a way to praise and appreciate people. Pay compliments to everyone you meet. Appreciate family, coworkers, and friends for their hard work and for being there in your life. #values #LivingValuesEducation #LVE	<p>~ World Compliment Day ~</p> <p>Every human being has a need for basic recognition and appreciation.</p>
Thursday 2nd March	Event World Book Day	2ND MARCH 2023 IS WORLD BOOK DAY <i>(insert glasses face, book open emojis)</i> World Book Day is all about celebrating the wonderful power of books and the joy of reading. It's especially meant to help encourage a love of reading in children. Consider how you can encourage others to read more, especially if you're a parent or you work with students. And don't forget all the Living Values books available from livingvalues.net/resources , or Amazon. #WorldBookDay #LivingValuesEducation #LVE	<p>~ Today is World Book Day ~</p> <p>No app can replace your lap.</p>
Friday 3rd March	Event Webinar	We welcome folk from other parts of the world to join our webinars. The purpose is to introduce the Living Values Education core principles and give inspiration to those who are new to LVE. Details at livingvalues.net/webinars or email uk@livingvalues.net . Can't wait? You can watch previous webinars by searching for LVEBI on vimeo.com.	<p>Living Values Education</p> <p><i>Save the Date</i></p> <p>Our next webinar: Wednesday 8th March 2023</p>
Saturday 4th March	Teaser	OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/ . #LivingValuesEducation #LVE	<p>Peace Respect Love Tolerance Honesty Happiness Responsibility Simplicity Humility Co-operation Freedom Unity</p>


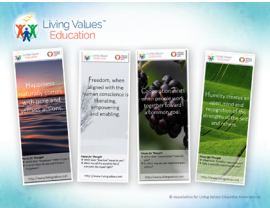
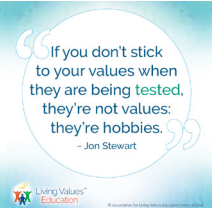

<p>Sunday 5th March</p>	<p>Value #3 - Respect Self-reflection</p>	<p>Your Value to Live in for this Week is RESPECT. Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of RESPECT for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/respect</p>	
<p>Monday 6th March</p>	<p>Value #3 - Respect Reminder <i>LVE is feeling curious</i></p>	<p>Consider this as your contemplate the level of RESPECT in your life: “We don’t need to share the same opinions as each other, but we do need to be respectful of each other.” #respect #LivingValuesEducation #LVE Want to find out more? Visit livingvalues.net/about-us/</p>	
<p>Tuesday 7th March</p>	<p>Event International Women’s Day</p>	<p>Tomorrow is International Women’s Day. It is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic or political.</p>	
<p>Wednesday 8th March</p>	<p>Event Webinar Info</p>	<p>JOIN US FOR TODAYS WEBINAR! (insert emojis) ‘Value Approach to Behaviour Management’ with Speaker Nicola S. Morgan. 6pm - 7pm GMT (UK timezone) Zoom Details: Meeting ID: 922 2863 5131 Password: serenity Organised by Living Values Education - British Isles. We welcome folk from other parts of the world to join our webinars. Details at livingvalues.net/webinars or email uk@livingvalues.net.</p>	

<p>Thursday 9th March</p>	<p>Event International Day of Awesomeness <i>LVE is feeling awesome</i></p>	<p>No one is perfect, but everyone can be Awesome! Awesomeness runs in the veins of all of us, and we all have little periods of absolutely epic grade awesomeness every day of our lives. We just have to stand up and recognize it! Tomorrow, 10th March is the International Day of Awesomeness! It is a day that is supposed to be fun, so when you wake up tomorrow, try not to take everything too seriously (<i>insert crazy emoji face</i>)</p>	 <p>you are awesome - Friday 10th March - International Day Of Awesomeness Living Values Education © Association for Living Values Education International</p>
<p>Friday 10th March</p>	<p>Value #3 - Respect Reminder</p>	<p>How has your week been? Pause of a thought: Did you change your level of RESPECT this week? Did you respect yourself and the value of others in your day to day interactions? Was this level of respect shown in your attitudes and actions? Those who give respect will receive respect. Want to find out more? Visit livingvalues.net/respect</p>	 <p>Respect for ourselves guides our morals. Respect for others guides our manners. - Laurence Sterne Living Values Education © Association for Living Values Education International</p>
<p>Saturday 11th March</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	 <p>Living Values Education PEACE ~ RESPECT ~ LOVE TOLERANCE ~ HONESTY ~ HAPPINESS RESPONSIBILITY ~ SIMPLICITY HUMILITY ~ COOPERATION FREEDOM ~ UNITY © Association for Living Values Education International</p>
<p>Sunday 12th March</p>	<p>Value #4 - Tolerance Self-reflection worksheet</p>	<p>Your Value to Live in for this Week is TOLERANCE. Living Values Self Reflection – So simple, so revealing... 1. Drop into a reflective space. 2. Think about the value of TOLERANCE for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. livingvalues.net/tolerance</p>	 <p>Tolerance Value of Week 4: Tolerance 1. How do you feel about people who are different from you? 2. How do you feel about people who are the same as you? 3. How do you feel about people who are better than you? 4. How do you feel about people who are worse than you? 5. How do you feel about people who are like you? 6. How do you feel about people who are not like you? 7. How do you feel about people who are different from you? 8. How do you feel about people who are the same as you? 9. How do you feel about people who are better than you? 10. How do you feel about people who are worse than you? 11. How do you feel about people who are like you? 12. How do you feel about people who are not like you?</p>
<p>Monday 13th March</p>	<p>Value #4 - Tolerance Self-reflection</p>	<p>TOLERANCE is inner strength transforming, misunderstanding and difficulty invoking the natural outcome of peaceful co-existence. What is the level of Tolerance in your life? If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info. #tolerance #LivingValuesEducation #LVE #values</p>	 <p>Tolerance Those who know how to appreciate the good in people and situations have tolerance. © Association for Living Values Education International</p>

<p>Tuesday 14th March</p>	<p>Product Resources - Facebook pages</p>	<p>Living Values Education welcomes the Philippines to our Facebook family! <i>Did you know?....</i> Fourteen countries are now represented on Facebook providing us the opportunity to feature new projects and resources that various countries are offering including, Zoom meetings, webinars, news and new resources available. There is also the opportunity for viewers to join the LVE Self Reflection, a weekly Values personal self-development game. Simply search for your country's Facebook page, like and follow. <i>(insert thumbs up emoji)</i></p>	
<p>Wednesday 15th March</p>	<p>Product Languages - Spanish</p>	<p>With the expansion of Living Values Education into Latin America, we are now offering audio files of the LVE Values Activities Level One book in Spanish. You can download our Spanish material at livingvalues.net/resources-in-other-languages</p>	
<p>Thursday 16th March</p>	<p>Event St Patrick's Day</p>	<p>St. Patrick's Day is known for celebrating everything Irish – anything green, shamrocks, gold and luck. But what most people don't know is that it is a traditional day for spiritual renewal and offering prayers for missionaries worldwide.</p>	
<p>Friday 17th March</p>	<p>Value #4 - Tolerance Reminder</p>	<p>TOLERANCE recognizes individuality and diversity while removing divisive masks and defusing tension created by ignorance. How tolerant have you been this week? Want to find out more? Visit livingvalues.net/tolerance</p>	
<p>Saturday 18th March</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	

<p>Sunday 19th March</p>	<p>Event International 'Read to Me Day'</p>	<p>International 'Read to Me' Day – A habit of reading builds our knowledge and contributes to intelligence. For many people, reading books is a stress relief exercise and an escape to a different world they can enjoy. For kids, books build language skills and imagination.</p> <p>So spend today cuddling down with your child to share a moment reading a bedtime story, or read a story to your partner. This precious time can help foster a sense of togetherness and create better communication.</p> <p>And don't forget all the Living Values books available from livingvalues.net/resources, or Amazon.</p>	
<p>Sunday 19th March</p>	<p>Value #5 - Responsibility Self-reflection worksheet</p>	<p>Your Value to Live in for this Week is RESPONSIBILITY.</p> <p>Living Values Self Reflection – So simple, so revealing...</p> <ol style="list-style-type: none"> 1. Drop into a reflective space. 2. Think about the value of RESPONSIBILITY for a couple of minutes and what the world would be like if everyone was caring and there was no hate or fear. 3. Contemplate each question and how I feel about myself relative to the question. 4. Pause before action in order to feel the truth of the answer. 5. It is important not to judge, just to be aware of the truth. <p>livingvalues.net/responsibility</p>	
<p>Monday 20th March</p>	<p>Value #5 - Responsibility Self-reflection</p>	<p>RESPONSIBILITY... Am I responsible for myself, my attitudes, my actions. Do you take responsibility for things you have done wrong? Or do you try to hide them? Perhaps you only take Responsibility for things when they go right?</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p> <p>#Responsibility #love #values #LivingValuesEducation #LVE</p>	
<p>Tuesday 21st March</p>	<p>Product Website</p>	<p>Through our network of member organisations, supporting individuals, and our website, Living Values Education makes professional development courses, workshops, and extensive online resources and materials available to anyone around the world.</p> <p>#values #LivingValuesEducation #LVE</p> <p>Visit anytime at www.livingvalues.net</p>	
<p>Wednesday 22nd March</p>	<p>Product Values Posters</p>	<p>Living Values Education posters are Reflection Points for each value. They are offered to assist and remind students and others seeking values awareness the various qualities of each value. They can be printed as an A4 page and used as displayed in the classroom.</p> <p>Download your FREE copies at livingvalues.net/posters</p> <p>#LivingValuesEducation #LVE #values</p>	

<p>Thursday 23rd March</p>	<p>Quote Self-reflection</p>	<p>How often do you hear yourself say, “I can’t”, “I’m not able” or “I never will”? Can you identify self-limiting beliefs you have about yourself? Can you then challenge them and say: “I can”, “I’m able”, “I will”? Choose self beliefs that work for you, beliefs that give you a chance to succeed. By choosing higher positive thoughts, you can change what you see and experience in your reality.</p>	
<p>Friday 24th March</p>	<p>Value #5 - Responsibility Reminder</p>	<p>Consider this: When I accept ownership for my words, thoughts and actions, I become a role model and positive influence on the world. Want to find out more? Visit livingvalues.net/responsibility</p>	
<p>Saturday 25th March</p>	<p>Teaser</p>	<p>OUR VALUE FOR THIS WEEK STARTS TOMORROW. Our 12 values are a defining feature of our identity as human beings and, in guiding our choices and priorities, they set the compass for the trajectory of our life, drive human, social and economic development and the transition to a better world for all. This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/. #LivingValuesEducation #LVE</p>	
<p>Saturday 25th March</p>	<p>Event Earth Hour <i>LVE is feeling grateful</i></p>	<p>WWF’s Earth Hour is the world’s biggest movement to protect our planet. Designed to encourage people to take a moment of calm and reflect on their commitment to protecting the planet. Join millions of people around the world and switch off your lights at 8:30pm in support of raising awareness of the issues facing our planet. #earthhour #SwitchforNature (insert prayer hands, earth, light globe emojis)</p>	
<p>Sunday 26th March</p>	<p>Value #6 - Humility Self-reflection worksheet <i>LVE is feeling curious</i></p>	<p>HUMILITY. Are you humble to all around you, or do you seek attention for your actions? Do you do things for others without wanting recognition and when no one is watching? You can explore the questions on the worksheet to discover the level of Humility in your life. #humility #LivingValuesEducation #LVE #values This is part of a 12 week course with a new Living Value presented each week. You can join in at anytime or download the full 12 week self reflection booklet from livingvalues.net/distance-self-reflection/</p>	

<p>Monday 27th March</p>	<p>Value #6 - Humility</p>	<p>Humility is a great value of every Human. It is your most precious jewel. Shining bright and penetrating darkness, removing all fear and insecurity, and opening up yourself to universal truths.</p> <p>If you are already engaged in this 12 week personal introspection of your life did the questions bring up issues to look at? Notice any difference? If you have yet to participate, jump in and join us with Living Values Self Reflection, discovering the truth of 'Who You Are'. Please visit livingvalues.net/distance-self-reflection/ for more info.</p>	
<p>Tuesday 28th March</p>	<p>Product <i>LVE is feeling excited</i></p>	<p>Living Values Education Values Bookmarks are now available for FREE download at livingvalues.net/resources-bookmarks/</p> <p>Print them out, cut them apart, decorate and use the bookmarks during story time or for your own reading.</p> <p>They can also be used as Focus points in workshops, display for reflection, daily questions to ask ourselves, a gift set or enlarge them for posters for home or in the classroom.</p> <p>#LivingValuesEducation #LVE #values</p>	
<p>Wednesday 29th March</p>	<p>Quote Guides</p>	<p>Values affect our lives every moment. They are a guiding force in all we do and pursue. When our values are in congruence with our actions, we are in harmony. But what are values? And how did we develop them? Visit our website today to find out more: livingvalues.net/values/</p>	
<p>Thursday 30th March</p>	<p>Interactive Quiz</p>	<p>HOW SELF-AWARE ARE YOU?</p> <p>Try for yourself, and perhaps together with family members, this simple 15-minute 'Living Values Awareness' quiz to see the important role values play in all our lives.</p> <p>The 'Wheel of Life' can show you where and how your ride is through life, whether smooth or bumpy, and most importantly, highlights where corrections can be made.</p> <p>You can download your copy today at livingvalues.net/news-bytes/take-the-living-values-15min-quiz</p>	
<p>Friday 31st March</p>	<p>Product Guides</p>	<p>Many of the ALIVE material is designed specifically to suit different groups. There are resources for teacher training purposes, the Environment and Green Values, At Risk groups, Community Study Groups, Home Learning and Self-Reflection, posters, stories and songs. Visit our websites library today for your FREE downloads livingvalues.net/reference-library</p>	