



Living Values[™]
Education



We would like to introduce and offer you the new
Living Values Education **Values Bookmarks**.

There are 24 different bookmark-sized cards, two on each of twelve values, that can be used in a multitude of ways: as focus points in workshops, inspiration cards, daily thoughts for reflection, displays or reminders at home or school, gifts - or bookmarks!

They are available for download and printing at
www.livingvalues.net/resources-bookmarks



**The Association for Living Values Education International offers these in support of
World Values Day on 15th October 2020.**

PEACE



Peace begins with
each one of us. If
everyone in the
world were
peaceful, this would
be a peaceful world.

Pause for Thought

- ❖ *What does "peace" mean to you?*
- ❖ *What can we do to make this a peaceful world?*

Peace consists of
pure thoughts, pure
feelings, and pure
wishes.

Pause for Thought

- ❖ *Think of someone who is an inspiring example of peace. What makes them so special?*

RESPECT



Respect is knowing
I am unique and
valuable. Respect is
knowing others are
valuable, too.

Pause for Thought

- ❖ *What does "respect" mean to you?*
- ❖ *How could you develop the value of respect in your life?*

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Respect is
listening to
others.

Pause for Thought

- ❖ *What does "respect" mean to you?*
- ❖ *How would you like people to treat each other?*

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LOVE

Love is caring, love
is sharing.

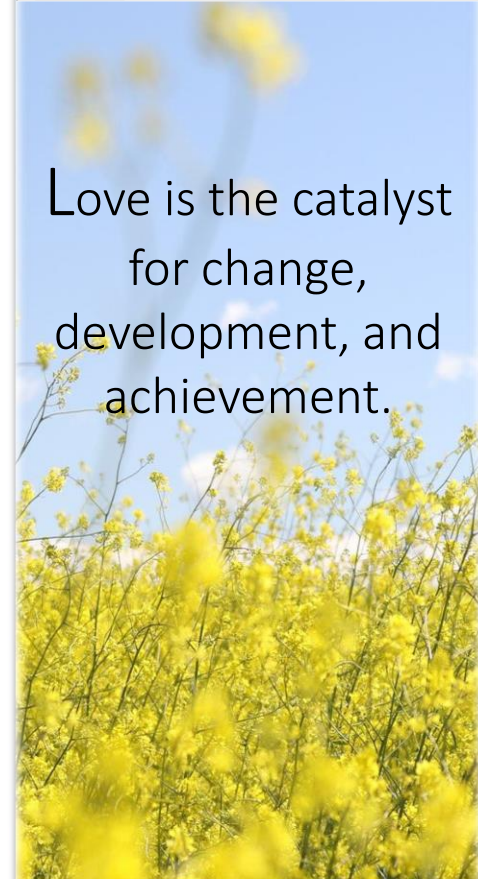


Pause for Thought

- ❖ *Why is love important?*
- ❖ *In what ways do you demonstrate love in your life?*

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Love is the catalyst
for change,
development, and
achievement.



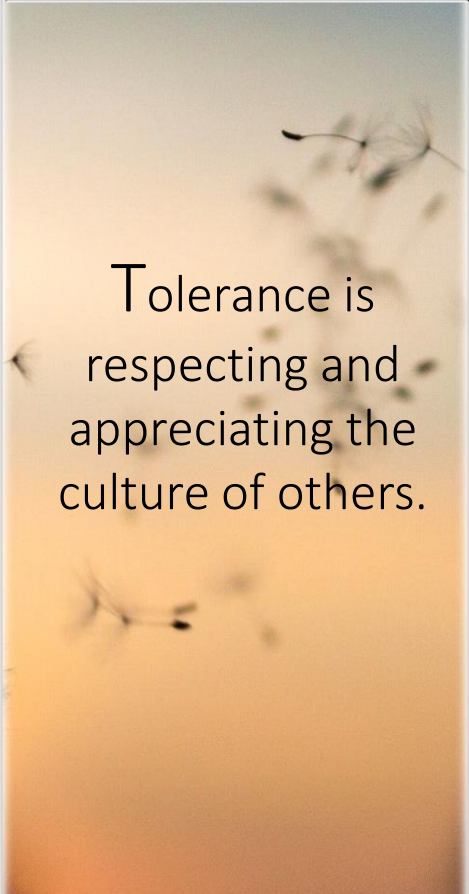
Pause for Thought

- ❖ *What does "love" mean to you?*
- ❖ *How can we build a more loving world?*

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A close-up photograph of a dandelion seed head, showing the intricate structure of the seeds and their fine, white, feathery pappus. The seeds are arranged in a dense, spherical pattern, with the central part being darker and more brownish, and the outer edges being lighter and more translucent. The background is a soft, out-of-focus green, suggesting a natural outdoor setting. The word "TOLERANCE" is overlaid in the center of the image in a clean, black, sans-serif font.

TOLERANCE



Tolerance is
respecting and
appreciating the
culture of others.

Pause for Thought

- ❖ *What does "tolerance" mean to you?*
- ❖ *How do you demonstrate tolerance in life?*

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Tolerance is mutual
respect through
mutual
understanding.

Pause for Thought

- ❖ *What does "tolerance" mean to you?*
- ❖ *How can we develop greater tolerance power?*

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A serene autumn landscape featuring a large tree with vibrant yellow and orange leaves on the right side. In the foreground, a wooden bench sits on a grassy bank. The background shows a calm lake reflecting the sky, with distant hills visible under a clear blue sky. The word "HONESTY" is centered in the middle of the image.

HONESTY

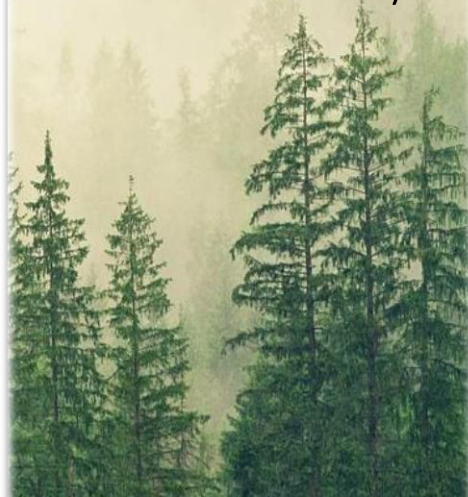


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WORLD
VALUES
DAY

Honest thoughts,
words, and actions
create harmony.



Pause for Thought

- ❖ *What does "honesty" mean to you?*
- ❖ *In what ways are you honest with yourself and others?*

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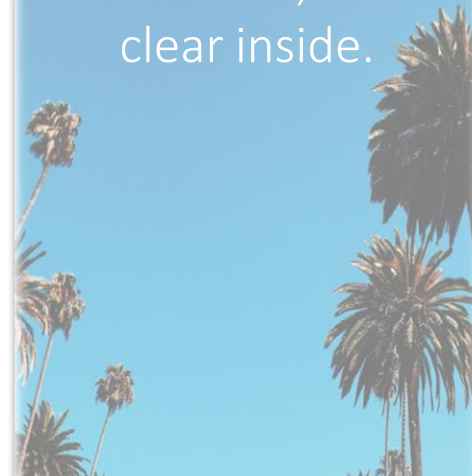


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WORLD
VALUES
DAY

Honesty is telling
the truth. When I
am honest, I feel
clear inside.



Pause for Thought

- ❖ *What does "honesty" mean to you?*
- ❖ *What could you do to develop greater honesty in your life?*

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HUMILITY



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VALUES
DAY

Humility allows
one to be great in
the hearts of
others.

Pause for Thought

- ❖ *What does "humility" mean to you?*
- ❖ *How could you achieve greater humility in your life?*

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WORLD
VALUES
DAY

Humility creates an
open mind and
recognition of the
strengths of the self
and others..

Pause for Thought

- ❖ *What does "humility" mean to you?*
- ❖ *Why is humility important to you?*

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RESPONSIBILITY





Responsibility is
helping to make a
better world.

Pause for Thought

- ❖ *What does “responsibility” mean to you?*
- ❖ *What contribution do you feel proud of?*

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Responsibility is
using our
resources to
generate positive
change.

Pause for Thought

- ❖ *What does “responsibility” mean to you?*
- ❖ *What contribution do you feel proud of?*

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COOPERATION





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Cooperation exists
when people work
together toward
a common goal.

Pause for Thought

- ❖ *What does "cooperation" mean to you?*
- ❖ *In what way do you cooperate with others?*

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Cooperation is
governed by the
principle of mutual
respect.

Pause for Thought

- ❖ *What does "cooperation" mean to you?*
- ❖ *What could you do to develop the ability to cooperate?*

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HAPPINESS





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Happiness
naturally comes
with pure and
selfless actions.

Pause for Thought

- ❖ *What does "happiness" mean to you?*
- ❖ *In what ways do you express your happiness?*

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Happiness is
earned through
selfless attitudes
and actions.

Pause for Thought

- ❖ *What does "happiness" mean to you?*
- ❖ *What would the world be like if everyone were happy?*

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SIMPLICITY





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Simplicity is staying in
the present and not
making things
complicated.

Pause for Thought

- ❖ *What is simplicity?*
- ❖ *In what ways can life be simplified?*

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Simplicity is
appreciating small
things in life.

Pause for Thought

- ❖ *What does "simplicity" mean to you?*
- ❖ *What simple things do you enjoy doing?*

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FREEDOM





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Freedom resides
within the mind
and heart.

Pause for Thought

- ❖ *What does "freedom" mean to you?*
- ❖ *What would the world be like if everyone has equal right?*

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Freedom, when
aligned with the
human conscience is
liberating,
empowering
and enabling.

Pause for Thought

- ❖ *What does "freedom" mean to you?*
- ❖ *What would the world be like if everyone has equal right?*

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UNITY



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Unity creates a sense of belonging and increases well-being for all.



Pause for Thought

- ❖ *What does "unity" mean to you?*
- ❖ *How can you create more unity in your life?*

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Unity is built from a shared vision, hope, an altruistic aim or a cause for the common good.

Pause for Thought

- ❖ *What does "unity" mean to you?*
- ❖ *In what ways do you demonstrate unity in your life?*

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We hope that you enjoy making good use of these bookmarks and wish you a wonderful Values Day and many values-filled days ahead.

Best wishes
Association for Living Values Education International
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