

Peace



Peace is more than the absence of war.
Peace is living in harmony
and not fighting with others.

If everyone in the world were peaceful, this
would be a peaceful world.

Peace is being quiet inside.
Peace is a calm and relaxed state of mind.

“Peace must begin with each one of us.
Through quiet and serious reflection on its
meaning, new and creative ways can be
found to foster understanding, friendships
and cooperation among all peoples.”

-Javier Perez de Cuellar, Former Secretary General of the United Nations