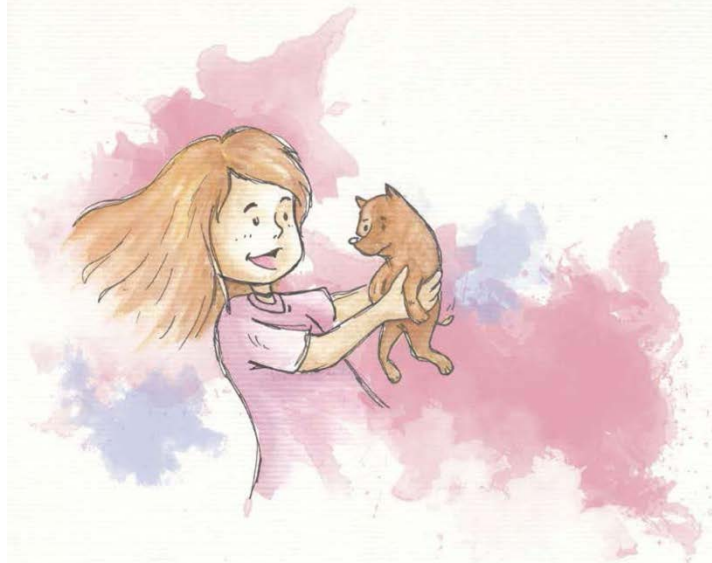


Love



I am lovable and capable — and so are you.
When I am full of love, anger runs away.

Love is the value that makes our relationships better.
Love for others means I want what is good for them.

When we feel strong inside, it is easy to be loving.
Love is caring, love is sharing. Love is being a
trustworthy friend.

“Our task must be to free ourselves...by widening our
circle of compassion to embrace all living beings
and all of nature.”

- Albert Einstein

The real law lives in the kindness of our hearts.
If our hearts are empty, no law or
political reform can fill them.”

- Tolstoy