

Humility



**Humility is staying light and easy inside.
Humility goes together with self-respect.**

**Humility is when I know my strengths
but don't brag or show off.**

**Humility makes arrogance disappear.
A humble person can stay happy
inside while listening to others.**

**With the balance of self-respect and humility,
I can stay powerful inside and
not need to control others around me.**

**Humility allows one to be great in the hearts of many.
Humility creates an open mind.**

**With humility I can recognize my own strengths and
the strengths of others.**