



ASSOCIATION FOR
Living Values
Education
INTERNATIONAL

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Living Values Education Newsletter Issue 63 - July 2019

EDITORIAL

A warm welcome to our July 2019 newsletter! Many readers in the northern hemisphere will probably be on holiday while for others elsewhere it will be a busy time with a new term or school year just beginning but wherever you are you may well be reflecting on some of the values questions that underlie current events and circumstances. Most, if not all, of do not have to look far to find cause for concern and yet there are also reasons to be hopeful and optimistic and it is always inspiring and reassuring to know of the efforts people are making to make the world around them a better place. In that regard this newsletter highlights some wonderful actions being taken by people of goodwill and we are delighted to announce the launch of the new edition of *Living Values Education Activities for Young Adults*, now fully updated and expanded to take account of ways in which the world has changed since it was first published nearly 20 years ago. This is not all. At a time when life seems to be lived at a constant quick-fire 24/7 pace taking time to sit and think is not always easy but is probably more important than ever before; the good news is that our Self-Reflection and Distance materials and courses have proven themselves to be effective in engaging participants in deeper thought about the inner world of personal values and the consequences of our thoughts, attitudes and

actions. There are also some great stories from and about LVE practitioners around the world and it's apparent that while much of our focus is on values-based education in a formal school setting the LVE Approach, and an awareness of the crucial part that values play in the life of each one of us, is also appealing to many outside the classroom. For sure there are many challenges confronting the world such that it may sometimes seem that we are facing a Pandora's Box of problems but if so then perhaps a resurgence in commitment to ways of living based on timeless moral values could unlock the saving grace of hope and pave the way to a brighter tomorrow. We won't know unless we try and we invite you to join us in giving it our best!

Chris Drake

President, Association for Living Values Education
International

FORTHCOMING EVENTS

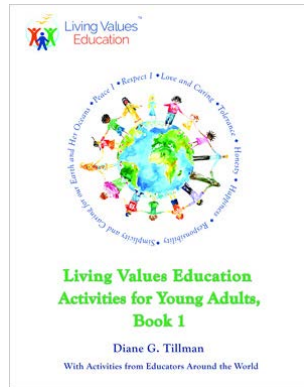
Thailand

Asian Regional TTE and meeting of ALIVE Associates in
Asia
5-10 August 2019 – Bangkok
For details please contact asia@livingvalues.net

TEACHING AND LEARNING RESOURCES

Updated and expanded Living Values Education Activities for Young Adults

Book 1 of the updated and
expanded *Living Values Education*



Activities for Young Adults has just been published and is available for purchase from [Amazon](#). Diane Tillman, the main author of the series of LVE books, dedicated many months to re-editing the original book and will continue working on

the remaining books in the series, first published nearly 20 years ago. New materials in this book include a unit on Caring for Our Earth and Her Oceans; as Diane said: “Our planet is in dire need and there are so many wonderful things we can do to help. May all of us adults become as involved as many of the young people in the world.”

The eight values units in *Living Values Education Activities for Young Adults, Book 1* are Peace I, Respect I, Love and Caring, Tolerance, Honesty, Happiness, Responsibility and Simplicity and Caring for our Earth and Her Oceans. The book is designed for use in the first year of implementing the Living Values Education Approach and then in alternate years. Book 2 (for use in the second year of implementation and in subsequent alternate years) will include more materials on Peace and Respect and units on Cooperation, Compassion, Humility, Freedom, Unity and Another Value We Love. The sixteen values units in the two updated and expanded books include other related values such as kindness, fairness, determination, integrity, appreciation, diversity, gratitude, inclusion and social justice.

Coming soon: the newly re-edited and expanded version of [Living Values Educator Training Guide](#) and [Living Values Education Activities for Young Adults, Book 2](#).

Distance – Home-based Facilitator Training and Lifelong Learning about Values

While being physically present and participating in a LVE group activity with an experienced trainer or facilitator is the best way to engage with all that the LVE Approach offers, this is not always possible. The solution that today's technology brings within the reach of many is self-motivated on-line study at one's own pace and convenience. ALIVE's range of carefully designed Distance offerings allow people anywhere in the world to engage with the LVE Approach and deepen their understanding and awareness of values and how they impact our daily life. Following on from the well-received [Self-Reflection](#) and [Home Study](#) courses, [LVE Distance Facilitator Training](#) (DFT) has just been launched and participants benefit from the guidance of an accredited LVE mentor to provide on-going personal assistance and evaluation throughout the 12-week course. For details, please see livingvalues.net/distance and our story below from Australia on the launch of DFT.

NEWS FROM OUR NETWORK AROUND THE WORLD

Australia

Australia – Distance Facilitator Training (DFT) Launched in May

Raj Miles, the Focal Point for LVE in Australia, reported on an exciting new offering for people who wish to engage with LVE from home: "Australia has become something of a LVE "hatchery" and we have laid some Living Values Education golden eggs in the form of three mentors for the [Distance Facilitation Training Course](#). The 12-week Distance Facilitator Training Course was formally launched in May 2019 for international participants and is run by three Australian mentors, Suzanne Stallard, Raj Miles and Denise Shaw under the auspices of the Focal Point for LVE in Australia. The three mentors soon found themselves with a

lot more to do than originally envisaged! Not only are there twelve new DFT participants from Singapore, Malaysia, India, Hong Kong, USA and Jordan, all working their way through the first weeks of self-reflection on values, but they have also been joined by representatives of ALIVE Associates in Africa with a view to them subsequently offering online distance training in their own countries. We also launched explanatory videos on DFT which can be seen at livingvalues.net/distance-facilitator."

Australia page

Cambodia

Cambodia – Values Workshops for Teachers, Health Workers and Mothers

A three-day training workshop was held in May 2019 for a group of educators and others interested in LVE, some of whom then volunteered to teach children as well as wanting to learn more about the LVE Approach. Two workshops were conducted in June 2019 in a remote village in Banteay Meanchey province in collaboration with Impact Cambodia, a local organisation working with disability prevention and mother and child health in rural areas. The first was a full-day workshop for health workers and village/commune authorities while the second was a half-day workshop for a group of young mothers. The emphasis on experiencing peace and love was much appreciated and participants said they "had never attended such kind of workshop before" and that they were "so happy and had much fun".



A power cut and no electricity did not stop participants from carrying on with the LVE 'Hands are for ...' activity on Respect under candle light.



Group members present their photo collage of a peaceful community

From Sambo Tey, the Focal Point for LVE in Cambodia

[Cambodia page](#)

Cameroon

Cameroon – Three-year Plan for Teacher Training Workshops Launched!



“Here in Cameroon we have a vision of bringing youth together harmoniously so they live and participate in the community in a responsible way. Our opportunity is to reach out to the young population, training and sensitising them on the importance of values which will guide their actions, judgements and attitudes. Through doing this we can help the youth become conscious of the values they possess and appreciate their environment. We were delighted to receive some financial support to help make this vision a reality and the first phase of our three-year plan for teacher training workshops is up and running. Further offers of support would be warmly welcome!”

By Patricia Ndikum Awah of Caretakers Initiative, the ALIVE Associate in Cameroon

[Cameroon page](#)

Indonesia

Indonesia – Educator Workshops in Bali and Jakarta

LVE Educator Workshop in Bali – January 2019

Elis Huwa, of the ALIVE Associate in Indonesia, reported on a flurry of activities across the country as follows:

Sixteen people from Lombok, Bali, Tangerang, Jakarta and Kutai Kartanegara enthusiastically participated in a three-day LVE Workshop in Ubud, from 25-27 January 2019, facilitated by Wayan Rustiasa co-founder of Karuna Bali, the ALIVE Associate in Indonesia. The ALIVE President, Chris Drake, who happened to be in Ubud, attended the opening session and emphasised the importance of putting our values into action rather than just words and how we can use them to help us set a good course in life. “Values can

serve as a compass that helps point us in the right direction in life. When we are at a crossroads in life it is often not easy to decide which way to go but if we think about it carefully our values can help show us the right way to go and keep us on track", he said.



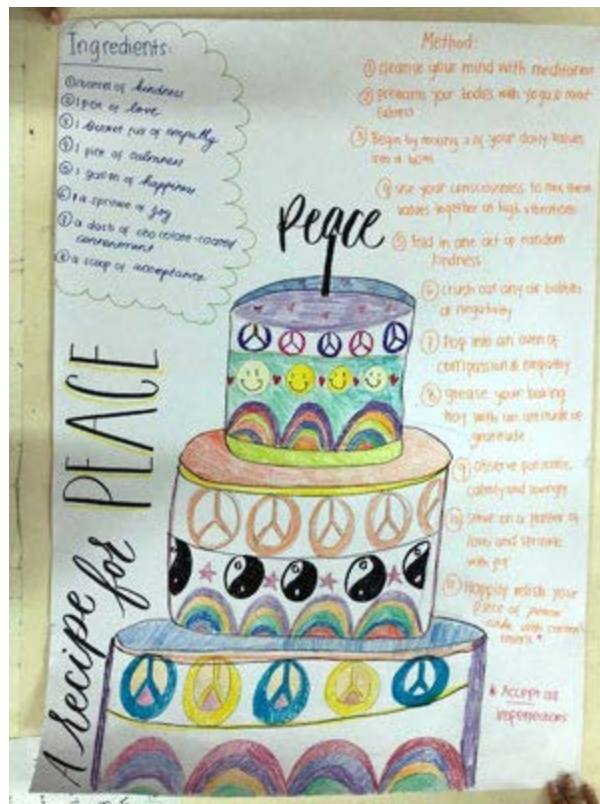
A happy participant receives a certificate as a LVE activities facilitator!

LVE Workshop for Teachers in Kiddie Planet Pre-school, Jakarta – March 2019

Kiddie Planet Montessori Preschool, Jakarta hosted an LVE Educator Workshop from 19-21 March 2019 for 12 Pre-school teachers facilitated by Wayan Rustiasa and Sony Jethnani. It was a great success and as one participant put it: "I humbly and genuinely thank you for sharing with me the art of active listening. I am very sure that this skill is going to enhance my relationship at home as well as where I teach."



Group sharing provides each participant with a safe space in which to express their thoughts and feelings.



A recipe for peace!



Smiles all round amongst workshop participants!

Walking the Talk Every Day in Bali with Campuhan College

“LET’S TALK” is a community service and knowledge-application project for the one-year Professional Programme students at Campuhan College who teach English once a week for three months to grade 4 and 5 elementary students while focusing on maintaining a values-based atmosphere. This year the project took place every Saturday from 2nd February to 27th April 2019 at Elementary schools SDN 2 and 5, Kedewatan, Bali and participants did indeed walk the talk.

[Indonesia page](#)

Thailand

Thailand – LVE Flourishes from North to South!

LVE Inspires Teachers at Sarasas Affiliated Schools

Inspiring teachers to see how valuable their life is was the focus of an event on 18 April 2019 at one of the Catholic Sarasas Affiliated Schools. An important message conveyed was that each and every one of us is or can be a source of love, truth, peace and contentment in the world around us, whether in the classroom or at home. As Associate

Professor Prapa Vittayarungruangsi, Focal Point for LVE in Thailand, said in her report to us: "It's time to learn how to love and respect what is sometimes referred to as one's "inner child" – the pure, innocent, and unconditionally loving aspect within our being that is often ignored. To do this we now need to create a certain deep inner quietness for the process of listening and healing to begin. The story of an eagle who was born among chickens, "a story about being who you are", was narrated to motivate teachers to think of their positive qualities. When we see and communicate with these inner qualities, we can reach our potential and avoid the mistakes we sometimes make. Life becomes like a golden rose that spreads the fragrance of values such as positivity, responsibility, respect, love, simplicity and peace)." LVE cards were distributed as a tangible reminder of the qualities of each participant. In closing, Ms. Sansook, Head of Academic Administration, said that the event really invoked the spirit of motherly love and care in the teachers which would be passed on to the pupils through values-based relationships.



Associate Professor Prapa Vittayarungruangsi, Focal Point for LVE in Thailand, introduces LVE to the teachers



Mr. Supalak and participants



Ms. Sansook, Head of Academic Administration (front row, far right) and school administrative team, with Associate Professor Prapa Vittayarungruangsri, Focal Point for LVE in Thailand (front row, far left)



'Generosity' value card

LVE resource materials include many values-based songs that can be helpful in creating and maintaining a values-based learning environment and foreign kindergarten level teachers in the English language programme at Sarasas Witaed Ratchaphruek School in Nonthaburi were introduced to some of these on 8 May 2019. The participants enjoyed themselves singing and acting along as well as experiencing peace within themselves.



Introducing LVE songs to teachers at Sarasas Witaed Ratchaphruek School (above and below)



“Happy Children, Happy School, Happy Home” in Chiangmai

In Chiangmai, in the north of Thailand, a project called “Happy Children, Happy School, Happy Home” was launched in June 2019 in Rajprajanukror schools in the patronage of the late King Rama 9 in north and north-eastern Thailand. The project involves primary and secondary school students, their teachers and parents and the team includes Pinthip Yangchareon, Pintip Juntharathep, Punika Chinawatra and Teeraporn Chinawatra.



Drawings (above and below) of the “School of My Dreams” created at Ratprajanukror School 50, in Khon Khaen province, north-eastern Thailand, with a list of 15 values to live by, including cleanliness, confidence, stability, kindness, cheerfulness, peace, dedication, perseverance, light-heartedness, humility, tolerance, generosity and discipline.



LVE is introduced in University course on Muslim Education and Humanity

Pattani is one of the provinces in the south of Thailand that has been affected by terrorism and in its efforts to dispel fear and insecurity the Department of Education, Muslim Education and Humanity, Prince of Songkla University, Pattani campus is using LVE in the 2019 academic year as

reference materials for discussion with students to help build an atmosphere of peace and stability.



Prince of Songkla University students discuss and explain their understanding of values, giving practical samples of how to use them in real life situations (above) and receive course certificates (below).



Thailand page

Vietnam

Vietnam – Loving Living Values!



Although only quite recently established, the new ALIVE Associate in Vietnam, Living Values Education Centre (LVEC or Chi Hoi Khoa Hoc Tam Ly – Giao Duc Gia Tri Song in Vietnamese) has been quick to get going under the leadership of ALIVE Director Nguyen Thi Bich HA who reported briefly on some

of the recent activities. These started with visiting homeless people during the New Year period in March 2019 and sharing values cards with them as well as some life-supporting gifts. In April there was a two-day workshop for 30 kindergarten teachers in Tra Vinh Province and a four-day event for 30 teachers in Quang Tri Province that was combined with Pacific Links' First Aid Training Programme for Teachers. This was followed in May by a sharing session between LVEC and a group of scholarship students.

Vietnam page

LAST BUT NOT LEAST

This Season's Theme – “*Living Values in Business*”

Business owners tend to focus on making their company successful by concentrating their efforts on operations, sales, marketing and growth. But there is another important strategic consideration that should not be overlooked and one that some consider more important than all the others and the foundation of all that they want to achieve: values. ALIVE's new Rainbow Booklet *Living Values in Business* highlights the importance of creating a values-based working environment that aims to increase the level of happiness of employees and customers alike, placing their business at a distinct advantage in comparison to those that don't underpin all that they do with a solid foundation of values.

Living Values in Business is available for download free of charge at livingvalues.net/resources.

You are Invited...

Working Together for a Values-based World

There is much work to be done for values to be given pride

of place in today's world and ALIVE is always willing to explore cooperation and collaboration with other like-minded organisations. One such opportunity is the occasion of World Values Day, which this year is on 17th October 2019. If you are interested in this possibility please [email us](#) with your ideas.

Have you explored Living Values Education Self Reflection?

The first stage in any journey is to know where one is starting from so as to be sure to move forward in the right direction. In this regard the journey of life is not different from any other journey and if you want to pause for a moment and see where you are and how well equipped you are for the journey ahead you might be interested in our LVE Self-Reflection course and materials. A new value is introduced each week with thought-provoking questions to reflect on and see if or where a change in thinking, understanding and action may be helpful.

Please see livingvalues.net/distance-self-reflection.

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Please [email your experiences](#) and photographs of using LVE

[Subscribe](#) to Living Values Education Newsletter – now published every three months – because you will be kept informed about LVE activities and forthcoming events around the world.

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For all other enquiries, please contact [Communication](#)

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