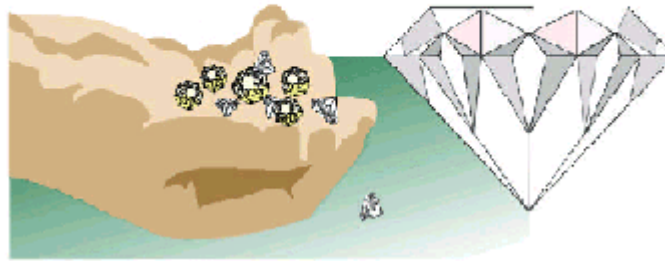


Respect



*The first respect is to respect myself—to know that
I am naturally valuable.*

Part of self-respect is knowing my own qualities.

Respect is knowing I am lovable and capable.

Respect is listening to others.

Respect is knowing others are valuable, too.

*Respect for the self is the seed that gives
growth to confidence.*

*When we have respect for ourselves, it is easy to have
respect for others.*

Those who show respect will receive respect.

*To know one's worth and to honor the worth of others is
how one earns respect.*

Part of respect is knowing I make a difference.