

Love



I am lovable and capable — and so are you.

When I am full of love, anger runs away.

Love is the value that makes our relationships better.

Love for others means I want what is good for them.

When we feel strong inside, it is easy to be loving.

Love is caring, love is sharing.

Love is being a trustworthy friend.

“Our task must be to free ourselves...by widening our circle of compassion to embrace all living beings and all of nature.”

- Albert Einstein

The real law lives in the kindness of our hearts. If our hearts are empty, no law or political reform can fill them.”

- Tolstoy