

# Humility



*Humility is staying light and easy inside.*

*Humility goes together with self-respect.*

*Humility is when I know my strengths but  
don't brag or show off.*

*Humility makes arrogance disappear.*

*A humble person can stay happy inside while  
listening to others.*

*With the balance of self-respect and humility, I can stay  
powerful inside and not need to control others around me.*

*Humility allows one to be great in the hearts of many.*

*Humility creates an open mind.*

*With humility I can recognize my own strengths and the  
strengths of others.*