



***When a consensus of agreement confirms that the world has lost its values,
it is time to look at what I value in my life.***

Living Values Facilitator Distance Training (FDT)

please note: This is a first ever TRIAL program and some adjustments may be necessary

Change must begin with me and how I extend my values will shape my life, embrace my friends, my intimate relationships, my children and my community. If I am not in integrity in my life, I cannot expect to be supported by the world around me.

Sharing this wisdom with my community, my friends and my family may become my passion and I may choose to become an effective contributor to a changing world joining the many thousands of volunteers around the world as a LIVING VALUES FACILITATOR.

One of the greatest gifts I can give to others is to assist them in the awakening to their own values, their own potential.

LIVING VALUES, the program to re-establish values in everyday life, is endorsed by UNESCO. It consists of a family of thousands in 65 countries around the globe practicing living their values.

When thousands come together to be part of an international movement creating change, supporting children, rescuing street kids, war and natural disaster victims, helping them release pain and fear, in service to humanity, you know you have touched gold. Core Values - innate to all humanity, defined by hundreds of the world's educators under the UNESCO banner.

Would you like to join them? It will change you and all those around you.

Completely different from being a teacher sharing first learned knowledge or depending on extending text book information – being a LVE facilitator is about providing an environment where we encourage others to discover the truth, the Values that support a peaceful and harmonious life are already inside them. It's fun, creative, playful and empowering for children and adults alike.

You can achieve Facilitator status and begin making a difference through a process that is lighthearted, contains no teaching, no doctrine, certainly no gurus. Inside you already have your values embedded they lie at the very core of your being and this truth is shared by all humanity.

This Training is in part a Personal Development Course whereby you become embolden to be a personal coach, a living example and a facilitator who can bring the best out in others.

Living Values Facilitator Distance Training Program can be accessed by you in your home.....and it all starts here in the simplicity of this 12-week study program – a program that will open you, like thousands before you, changing your family and all relationships; a self development program that can, if you choose bring hope and belief in themselves to countless individuals.

***When you become the embodiment of LIVING VALUES,
the Law of Attraction must move to support you.***



HOW DOES IT WORK?

- 1. Enrollment:** Enroll for the FDT – there is a **minimal non-refundable \$100 enrollment fee** – this covers direct administrative costs and time. Living Values Australia is a ‘by donation’ organization, contributions are very welcome and can be made at any time. What you must have is a personal commitment to follow through and some experience in interaction with groups. When you come to the required ‘Train the Trainer’ and certification workshop there is a charge involved to cover costs. (see last item)
- 2. Course Materials:** All materials – modules and activities are emailed to you for downloading and printing off – you are provided a workbook/journal to record your value activities and for the creative activities which you will be required to undertake. We can offer printed materials if you require for the cost of printing and postage.
- 3. Choosing your activities:** The Facilitator Distance training is using the 12 Value Home Study program. As with the regular attendance workshops for facilitators all activities in your ‘distance’ training relate to the Living Values 12 nominated values drawn from the manuals for age groups 5 –7, 8 – 14, Young Adults. These will be activities that in part you will be using when you begin to run your own workshops. Each module of the 12 values has several activities to choose from - you can choose three from each, try and vary your choice to create the widest experiences for you and ideally include ones that present some form of challenge - emotional or physical.
- 4. Workbook:** If activities call for singing or games that cannot be presented in your workbook please just leave them out, use an alternative module/activity. We’ll be making up for that in the ‘Train the Trainer’ workshop at the end.
- 5. Creating a sample 3 day workshop schedule:** As you go through make notes on how you find the activities, which provided you with insights that brought the greatest attention to the values. We are including a **sample** 20 hour facilitator workshop schedule and an evening Introduction workshop schedule. When you return your workbook to us we would like to receive what you consider to be a valuable and creative schedule that you could/would like to present to a group – based on your own experience of the values you discover in yourself and your ability to facilitate another to find them in for themselves.
- 6. Completion Timeframe:** We are recommending that you undertake the Training in no less than 12 weeks –that is a commitment to a minimum of one value for each week. Longer is preferred. We suggest that you dedicate a minimum one evening at the beginning of each week.

Start with whatever day you choose, open the module and explore the text relating to the qualities of the values, then for that week commit to living in the value. During the week you can engage the activities you have chosen as you have free time. Your personal experience is essential for your future as a facilitator so take note of how easy or difficult each value is for you. Your first challenge will be to not allow yourself to be distracted. Remember there are elements within each of us that do not want to grow. If you embrace this practice you will be amazed at how your life changes with each value and how different everything is at the end of the 12 week Training.

7. **Getting to know you:** Obviously through the in-depth personal interaction afforded by the normal workshops we get to become extremely familiar with each of the new facilitators. As a Distance participant we still want to engage with you and share your journey and know your experiences and we will endeavor to communicate with you on a regular basis and we anticipate that you will communicate with us.
8. **Maintaining Momentum:** There is some discipline required to maintain the 12 week Training requirement and to assist you we ask for a **quick email** when each value module is completed – we don't need to see it just to know that you are on track and answer any questions you may have. One of the prime values is "Responsibility" and it is in your interest to advise us if you are falling behind.
9. **Completion:** Once you have finished the Training please make a photocopy of your workbook and mail the original in to us. **Please register your package.** We will retain this original as a record of your activity in gaining LVEP skills. Then send an email confirming mailing. You will find a wealth of information in your own experiences and discoveries for future use so please do not send in without first making a copy.
10. **Mailing to include:**
 - ✓ **Workbook in original format.**
 - ✓ **Proposed LVE workshops schedule of activities**
 - ✓ **Answers to LVE Facilitator Criteria and Workshop Management.**
11. **Train the Trainer:** This three day practical workshop relates to the Facilitator role and is held on a Friday evening, Saturday and Sunday and requires a group of people to be truly effective and fully beneficial. Knowledge of activities, public speaking, demonstration of material delivery, facilitation techniques, (LVE Facilitators Training Guide) and personal embodiment of the values are our focus.
There is a share cost to cover the training, venue hire, three nights accommodation, meals etc., which we will advise you of when we know numbers and venue. (Usually Gold or Sunshine Coast approx \$750 per person.)
12. **Certification:** Is provided on successful completion of the three days.

Please Note: If you are unable to complete the Training at any time, for whatever reason, we ask only that you inform us. There is no refund and any materials that you have received are yours to keep.

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